

<p style="text-align: center;">Setouchi Shimanami Kaido International Cycling Event Cycling Shimanami 2022 Special COVID-19 Rules</p>
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The Cycling Shimanami 2022 Special COVID-19 Rules have been established to ensure the safety and security of participants and people involved in running the event. Please read the rules carefully before applying for the event. Furthermore, please note that the information indicated here may change depending on the spread of COVID-19.

1. Before Applying

By applying for the event, you acknowledge and agree to abide by the following to prevent the spread of COVID-19:

- A) I agree to comply with all measures established by the event organizers to prevent the spread of COVID-19, as well as any final decisions about the holding of the event according to the “Event Holding Criteria” indicated separately.
- B) I agree to withdraw from the event if any of the following applies:
 - I have a fever (body temperature of 37.5°C or above) or do not feel well on the day of the event.
 - I have not fully completed my health check app or health check sheet (hereinafter referred to as “health check app or sheet”) during the two weeks prior to the event.
 - I have tested positive for COVID-19 within the three weeks prior to the event.
 - I have been in close contact with someone who has tested positive for COVID-19 within the two weeks prior to the event.
 - A family member or close contact of mine is suspected to have COVID-19 within the two weeks prior to the event.
 - I have traveled to and/or been in close contact with someone who has traveled to and/or resides in any countries or regions subject to the Japanese government’s travel restrictions or quarantine requirements within the two weeks prior to the event.
 - When there is no possibility of the state of emergency being lifted in the municipality of your residence by the day before the event.
- C) I agree to monitor and retain records of my health condition for at least two weeks after the event, and will report to the event organizers and cooperate in investigations by the local authorities, public health centers and other involved parties if I am found to be infected with COVID-19.
- D) I agree to cooperate in investigations toward tracing the spread of infection if any participants are found to be infected with COVID-19 after the event.
- E) I understand that people who are 65 years old or over and/or have underlying health conditions are at higher risk of developing severe illness if they contract COVID-19.
- F) I understand that the insurance provided by the event organizers does not cover COVID-19 (as of now).
- G) I understand that the event organizers will not be held responsible if any participants are infected with COVID-19.
- H) I understand and acknowledge that my admission fee and other expenses will not be refunded if the event is canceled due to the reasons listed in A) above, or if I withdraw from the event due to the reasons listed in B) above.

2. Application to Check-In

A) Physical condition check

I. Health check app or sheet

- You are required to record your health condition and body temperature on the health check app or sheet during the two weeks prior to the event.
- You will be asked to verify the information entered on the health check app or sheet at the check-

in counter on the day before the event.

- You may not be allowed to participate if you do not present your health check app or sheet at the check-in counter, or if any information you have provided proves to be false.
- The event secretariat may request that you consult a prefectural COVID-19 call center (see the “Information on health and medical consultation” and “Multilingual Hotlines and Call Centers” pages on the Ministry of Health, Labour and Welfare website) or a doctor depending on the information you provide on your health check app or sheet. In such cases, please follow the instructions from the call center or doctor and report the details to the secretariat. Please understand in advance that you may not be allowed to participate depending on the circumstances.

II. Pre-event COVID-19 testing

- All participants may be subject to a COVID-19 test designated by the event organizers. Whether or not this test will be conducted and the details of such test will be announced as soon as they are finalized.
- If this test is conducted, you may be asked to pay an additional COVID-19 prevention fee separately from the admission fee. Whether or not this fee will be charged and the amount of such fee will be announced as soon as they are finalized.

III. Vaccination

- Please note that you may be strongly recommended to get vaccinated (or required to get vaccinated and show proof of vaccination status) before participating in the event depending on the situation of COVID-19 vaccinations in the future.

B) Check-in venue

- In order to reduce congestion during check-in, you are asked to specify your preferred check-in venue in your application. Please note that your check-in time may be specified depending on the spread of COVID-19.

3. Check-In (Day Before Event)

A) Venue entry

I. Arrival

- Please check-in at the venue you specified in advance.

II. Measuring your body temperature

- Your body temperature will be measured at the entrance. If you have a fever (body temperature of 37.5°C or above), you will not be allowed to enter the check-in venue or participate in the event, regardless of whether or not you have tested positive for COVID-19.

III. Preventive measures

- Once you have entered the check-in venue, you will need to follow our staff’s instructions and cooperate in taking preventive measures such as wearing a face mask, disinfecting your hands, and refraining from talking.

B) Check-in

I. Health check app or sheet

- You will be required to show your health check app or sheet results at the check-in counter. You may not be allowed to participate if you do not present your health check app or sheet at the check-in counter, or if any information you have provided proves to be false.

II. Bag for personal belongings

- You will be provided a bag at check-in to put your personal belongings in so as to decrease the number of close contacts on the day of the event. Put the belongings you will need at the finish line (such as a change of clothes) and submit it when you check-in. Your checked belongings will be handed back to you at the finish line on the following day.
- Please do not put valuable belongings in the bag. The event organizers will not be responsible for any lost or stolen items.

III. Preventive measures

- When you are at the check-in venue, you will need to follow our staff's instructions and cooperate in taking preventive measures such as wearing a face mask, disinfecting your hands, and refraining from talking.

IV. Verifying your identity

- You may be required to have your identity verified at check-in by showing an official document with a photo of your face depending on the spread of COVID-19 or other circumstances. You may not have someone else check-in for you.

4. Day of Event

A) Entering the starting venue/lining up

I. Entering the venue

- Make sure that you enter the starting venue during the time slot specified in advance.

II. Measuring your body temperature

- Your body temperature will be measured when you enter the starting venue. If you have a fever (body temperature of 37.5°C or above), you will not be allowed to participate in the event, regardless of whether or not you have tested positive for COVID-19.
- After your body temperature is measured, you will go through a physical condition check.
- After your body temperature is measured and your physical condition is checked, you will be provided with a wrist band that you are required to wear.

III. Lining up/start

- Participants are sent off in groups, with a short time delay between each group. This is not a timed race, so please do not rush.
- Participants are required to remain masked until immediately before the start.

IV. Preventive measures

- When you are at the starting venue, you will need to follow our staff's instructions and cooperate in taking preventive measures such as wearing a face mask, disinfecting your hands, and refraining from talking.

B) Start to finish

I. Preventive measures on the road

- You are required to wear a face mask at all times including immediately before starting, while you are at an aid station, and after you finish. The only exception is when you are riding on the road.
- Although it is up to you to decide whether to wear a mask when you are on the road, you are always required to remain masked otherwise. When you take off your mask, please be sure to carry it with you.
- If possible, please continue to practice preventive measures when you are on the road, for example, by wearing a bandana, sports face mask, neck guard or other covering. However, this is not necessarily recommended because it may put you at risk of heat stroke or lack of oxygen.
- Please remember to social distance and refrain from talking while on the road.
- Please do not spit on the road.

II. Aid stations

- Participants are required to wear their own face masks inside aid stations.
- Only a basic set of individually packaged foods will be provided.
- Please remember to social distance and refrain from talking or loitering when eating or drinking at aid stations.
- Please bring your own food and drink if necessary as only a basic set of foods will be provided.
- Please take all unfinished food or drink with you.
- Please be sure to dispose of all of your trash yourself.

III. Finish venue

- Participants are required to wear their own face masks after they finish.
- Your certificate of completion will only be issued online. You will not be issued a physical copy.
- If possible, please come dressed in a way so that there is no need to change your clothes, although a changing area will be provided if necessary.

- Please be sure to dispose of all of your trash yourself.

IV. Preventive measures while off road

- When you are not on the road, you will need to follow our staff's instructions and cooperate in taking preventive measures, such as wearing a face mask, disinfecting your hands, and refraining from talking.

V. Transportation (shuttle bus, cycle train, and charter boat)

- You will need to follow our staff's instructions cooperate in taking preventive measures, such as wearing a face mask, disinfecting your hands, and refraining from talking.

5. After the Event

- Please record your health condition and body temperature on the health check app or sheet during the two weeks following the event.
- If you are found to be infected with COVID-19 within two weeks after the event, you must report it to the event organizers, providing information about close contacts, if any.

6. Other

A) Spectators and supporters

- Entry into the starting venues, aid stations and finish venues by families, friends, clubmates, teammates and other people who are not participants themselves may be restricted depending on the spread of COVID-19 at the time of the event.
- Spectators, including families and friends of participants, may be asked to refrain from cheering on the sidelines, depending on the spread of COVID-19 at the time of the event.

B) Event staff (including volunteers)

- All event staff members (including volunteers) are required to wear a face mask. They will also wear face shields, gloves and other gear as needed. However, please note that traveling inspectors may not be wearing face masks when they are on the road, because that may put them at risk of heat stroke or lack of oxygen.

C) If participants or staff members feel unwell or are suspected to have COVID-19

- If you feel unwell, please notify the first aid staff at the venue or on the course as soon as possible.
- If anyone is found to be infected with COVID-19, information will be provided to the relevant organizations and make the necessary announcements to participants and others involved in the event as needed.

D) Required and recommended apps

- In addition to requiring each participant to use the health check app, this event also recommends that participants use other apps and services, such as "COVID-19 Contact-Confirming Application (COCOA)," "Ehime Corona Oshirase Net (a LINE account run by Ehime Prefecture)," and "Hiroshima Corona Oshirase QR." You are encouraged to download these apps to your smartphone.